

January 2019

The Treemont Tattler

TREEMONT RETIREMENT COMMUNITY * 2501 WESTERLAND DRIVE HOUSTON TX 77063 * (713)783-6820



Celebrating January

Braille Literacy Month

Happy New Year

January 1

Adventurous Bus Outing

January 7 @ 10:15 am

Ladies Breakfast

January 8 @ 7:30 am

Birthday Dinner Celebration

January 8 @ 4 pm

Q's Photography

January 14 @ 9:30am - 4 pm

Czech Band Performance

January 14 @ 7 pm

Martin Luther King Jr. Day

January 21

A Message from your Activity Director

Dear Treemonters:

Another new year begins, and all around the world people will be popping champagne, singing "Auld Lang Syne," and kissing loved ones at the stroke of midnight.

I have a fun challenge for everyone. One the last day of every week this year, write down something positive that happened to you during the week. Fold it up and put it in a jar. At the end of the year on Christmas 2019, read all the positive things that happened for you during the year. I bet it will bring a smile to your face.

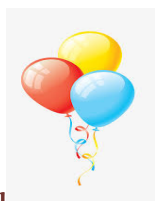
This month, our Adventurous Outing will be to the **Houston Museum of Natural Science** on January 7th. We will be having lunch at **Natacheese Supper N 'Punch**. We will have a visit from **Dr. Smooke** on January 9th who is a local dentist to give a talk on oral health care.

Q's Photography will be on hand January 14th in the Back Lobby to have your picture taken. You can take it alone, with your friends or with your family. Package prices are reasonably priced. Be sure to sign up at the front desk to lock in your place.

We will tour the country of Italy and learn their history and culture. The **Taste of Italy** will be in the Back Lobby this month in hopes to invite more to the table of their fine Italian cuisine.

Chess class will resume back every other Sunday at 2pm in the Back Lobby as well as **Bible Study with Lois** every Monday at 3:30 pm.

This year, let's not make a resolution too hard to achieve. Rather let's make a goal to be more positive and uplifting throughout the year. Don't be so hard on yourself and remember that tomorrow is a new day to start fresh again!



Happy Birthday To You

- 1st** Margaret McCoslin
Dennis Hewitt
- 2nd** Joyce Anderson
Linda Hendricks
Clare Cummings
Ann Wang
- 4th** Ann Tanner
- 7th** Kathleen Clawson
- 8th** Charlene O'Neil
- 13th** Victor Sears
- 14th** Joseph Wilson
James Vater
- 15th** Jo Ann Bergeron
- 16th** Bonnie Kellogg
- 17th** Robert Stewart
- 19th** Anne Kruse
Marie Lynn Hayes
- 23rd** Helen Hamilton
Ken McGee
- 24th** Maria Pumpelly
Leonard Childs
- 27th** Peggy Floyd
- 28th** Eleanor Topkis
Bill Virnau

Thank You for your Kindness

On behalf of the staff at Treemont, we'd like to thank all who kindly donated to the Employee Christmas Fund for 2018. The staff was very appreciative and it meant so much to them. Your generosity went a long way and we thank you for your continued support for all the hardworking employees here at Treemont.

Adventurous Outing

On January 7th, we will enjoy an Adventurous Outing to the Musuem of Natural Science. We will leave approximately at 10:15 from Treemont and head to lunch at Natachee's Supper N' Punch. The menu consists of homestyle American and Southern meals. Then we will head to the musuem where the tickets are \$8 for entry and another \$8 if you wish to visit the IMAX theater that is showing 'Pandas' at 1pm. Please sign up at the front office as seating is limited to a first come, first serve basis. We will return for dinner.

AMBASSADORS PROGRAM

Do you enjoy helping others? We need you.. Come to our Ambassadors Meeting every 1st Monday of the month. You can hear all about the new residents, upcoming events and find out who could benefit from a friendly neighbor introducing them to Treemont life. Our ambassadors are key in helping new residents get acquainted with their neighbors and all the fun things going on at Treemont. Each ambassador will have their very own special name badge to wear along with other perks. It's your time to shine and meet new neighbors along the way. **Next meeting will be Jan. 7, 2019 at 2 pm in the Activity Room.**

Google Review Challenge



As we all know, Treemont is the place to call home. It is the place where you can live care free and know that you are well taken care of. To the outside, we are another retirement community. It's time to get the word out about how enjoyable it is to live here and let people know what a wonderful time you can have. We came up with a fun interactive way to let people know what to expect when they come to Treemont. Who likes a good challenge? I challenge all of you to go to the Treemont page and write a review of all the wonderful experiences you've had. Who made you smile? How has Treemont changed your life in a positive way..etc.

If you do not have access to a computer, you may stop by the Activity Room and use the ones we have available. You can also ask Monica, Activity Director or resident, Fred Jinkins for assistance and we'd be happy to help. You can also, write your review down, bring it to either the Activity office or the front desk and we will post it for you.

How to Post a Google Review

Go to www.Treemont.com

In far top right hand corner is a "g" for Google. Click on the "g" and it takes you to write a Treemont review.

The key is that reviewers must be logged into their Google account.

Special Invite Party for Winners!

Now here is where the competition begins, each building is writing reviews, so whichever building has the most positive reviews will get a special "invite only" party for their building. **Challenge starts January 1 and ends Jan. 18th.**



Smile..

It's Picture Time

On January 14, you can have your picture taken. You can pose alone, with friends or bring your family. Q's Photography has been kind enough to bring the studio here to Treemont. They will provide backgrounds and props to make your picture extra special and very professional. Check out the very reasonable package prices included in your newsletter contents. A sign up sheet will be at the front desk to hold your place. Pictures will be taken from 9:30 am – 4:00 pm in the back lobby. Gather your friends or loved ones and don't forget to bring your smile!



Speaker: Dr. Smooke

January 9, Dr. Smooke will be here to give a presentation on the importance of oral health. Speaker will be located in the Green Room at 11:30 am. Don't miss out on this important information.

A Life in Words

Amazing. Stupendous. Astounding. Those are just a few ways to describe Thesaurus Day on January 18. This day commemorates the birth of Peter Mark Roget, who published the world's first thesaurus in 1852. Roget enjoyed making lists as a young boy but then moved on to a life of medicine and science. However, he never forgot his passion for words. In 1840, Roget retired from medicine and spent the rest of his life on his dictionary of synonyms, which he called *Roget's Thesaurus of English Words and Phrases Classified and Arranged so as to Assist in Literary Composition*. His thesaurus was originally organized not alphabetically, but by concepts like *Space, Matter, Intellect, and Existence*. His handy tome has never been out of print and has sold more than 40 million copies—a countless, innumerable, and multitudinous number.

Door Decorating Contest

Thank you to all who participated in the Door Decorating Contest in December. We have the Winners....

1st Place: Lois McCall who had a beautiful depiction of holiday décor that warmed your heart at first sight.

2nd Place: Sondra Sullivan had a beautiful Christmas wreath along with warm lights and garland.

3rd Place: Dorsie Miller who had her door decorated with lights in the shape of a Christmas tree that was so fun and cheery.

We hope each of you enjoyed your gift. Thank you for brightening up Treemont with your beautifully decorated doors.

Invite your friends to join the Treemont Family



Resident \$1,000 Referral Program

Our best source of referrals is from satisfied Treemont residents. Most folks want their beloved friends and family to live close by. If you have a friend or family member to refer, please contact Lupe or Linda in the Front Office at 713-783-6820.

Treemont offers a \$1,000 discount off the referring resident's rent, after the new resident has resided at Treemont for 3 months. The following rules apply:

1. Treemont resident must contact Resident Coordinator Lupe Sepulveda or Linda Parra and give the prospective resident's name, address, email and phone number.
2. Lupe or Linda will contact the prospective individual.
3. Prior to the Referral's first call or visit, the prospective resident information must be given to Lupe Sepulveda or Linda Parra.

(It does not qualify if you bump into a friend that is touring Treemont.)

January Birthdays

In astrology, those born between January 1–19 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience. Those born between January 20–31 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members.

Betsy Ross (folk hero) – January 1, 1752
Zora Neale Hurston (writer) – January 7, 1891
David Bowie (musician) – January 8, 1947
Alexander Hamilton (politician) – January 11, 1755
Faye Dunaway (actress) – January 14, 1941
A.A. Milne (writer) – January 18, 1882
Edgar Allan Poe (writer) – January 19, 1809
Benny Hill (comedian) – January 21, 1924
Virginia Woolf (writer) – January 25, 1882
Bessie Coleman (aviator) – January 26, 1892
Tom Selleck (actor) – January 29, 1945