

May 2019

The Treemont Tattler

Treemont Retirement Community * 2501 Westerland Dr. Houston, TX 77063 * (713)-783-6820



Upcoming Events

Cinco de Mayo Celebration

May 3

Mother's Day Celebration

May 10

Mother's Day

May 12

St Luke's Blood Drive

May 20

Memorial Day BBQ & Unveiling of our Veterans Wall

May 24

Adventurous Outing: Van Gogh Experience

May 30

Message from your Activity Director:

. The sniffing pollen season is on its way out and the sun has come to play. We have many happenings going on throughout May so hold on tight for an exciting month ahead.

Our Speaker Series is back and in full swing with topics such as 'The Importance of Giving Blood', 'Clear Captions', 'Mobile Dentistry and more. It will be a Fiesta May 3rd as we will celebrate Cinco de Mayo with a full mariachi band, food and margaritas. The Crafting department has made an array of beautiful flowers to decorate the downstairs lobby area with.

This month we celebrate our mothers with a few things. Starting with our Ladies Breakfast on the 7th in the back lobby. On May 9th, Deanna with Mary Kay will be doing a presentation on 'Lips Personality'. It will be lots of fun to find out what our lips have to say about us. May 10th is the big day for our beautiful wonderful moms of Treemont. We have a very special afternoon planned with a full dessert bar, mimosas, live entertainment and a gift from all of us as Treemont to you ladies.

May 16th is the Healthcare Center 'Treemont Idol' show where residents and staff get to show off their hidden talent. Performers will be judged by our audience, so come out have fun and you be the judge!

May 20th is busy, busy with St. Luke's here to do a Blood Drive, Eye Center of Houston will be here doing Vision Screenings and a Harris County Deputy Clerk will be holding a Voter Registration Drive as well.

Mark your calendar for May 24th. On this day we will unveil our 'Wall of Honor' showcasing our Veterans here at Treemont. This plan has been in the works in the last few months and the time has now come.

Note: I'd like to thank Lois McCall for giving her time to lead our Monday Bible Study classes in the Green Room. She will take a short break from her class but will return in the fall. I will post when classes resume.

Happy Birthday Treemonters

- 1st Sally Sears
- 2nd Elizabeth Fritts
- 5th Evelyn Hartley
- 8th Deloris Sandberg
- 9th Velma Ferguson
- 11th Lois Dragoset & Robert Tumpkin
- 12th Melinda Ogg
- 13th Alice Fariss
- 15th Allan Ahlschier
- 18th Agnes Barrett
- 20th Linda Hopwood
- 22nd Walter Taber Jr.
- 23rd Edwin Mabry
- 24th Janet Grassi
- 27th Amy Vernon
- 28th Paula Howard
- 30th Betty Davenport

Happy Birthday!



1st Treemont Resident Approved for VA Benefit

Senior Allegiance is pleased to announce that it has successfully secured VA & Attendance Benefits for its first Treemont resident. The time frame from submission to VA to approval was two months!

Our goal is to help veterans and their spouses get approved for up to \$2,200 monthly, to be used for assistance with daily living services (e.g., medication management, bathing, dressing, transferring, transportation, laundry, companionship) by Senior Allegiance.

Of note, should a Treemont Resident move to Assisted Living in Treemont's Health Care Center, 97% of the monthly VA Benefit funds secured may be put toward the senior's monthly assisted living rent. Questions? Contact Lisa Witt (505-797-8735, lisaw@treemonthc.com) or Cindy Harrell (281-881-7332, Cindy@SeniorAllegiance.com)

Executive Director on Community Improvements

I'm sure you all have noticed the new fence that surrounds and gives a completed feel to the Treemont Campus. This fence with brick pillars was installed for aesthetic purposes for beautification of the grounds as well as to provide additional security. There is also lighting enhancement at the front of the property along the new fence line. Striping will be done around the new vehicle gate areas as well as painting the curbs in the front driveway to enhance curb appeal. Planting of spring flower beds is underway.



We are also near completion on replacing old assigned parking signs with names painted on the curb. Plus we are replacing external doors that were worn and rusty in three buildings, specifically near apartments D104, 107 and F107. We will continue to provide updates on enhancements as they are implemented.

CELEBRATE CINCO DE MAYO WITH US

May 3rd (Friday) will be our Cinco de Mayo celebration from 2:30 pm – 4:00 pm downstairs on the Back Patio and Back Lobby area. To get you in a fiesta mood we have for you a performance by “Mariachi Mi Mexico.” Five men will be dressed in full mariachi charro kicking off our celebration. The Treemont culinary team will be serving traditional Mexican street tacos with all the fixings along with some refreshing margaritas.



Join us May 10th (Friday) from 2:30pm – 4:00 pm in the Auditorium for a delightful time celebrating the beautiful mothers of our community. The ladies will be serenaded by the sweet vocal sounds of “The Two Black Guys.” Yes, that is their name of their group. Each lady will receive a small gift put together with appreciation for all of you by the Treemont Team. An assortment of hors d’oeuvres and mimosas will be served. Door prizes will be raffled out as well. Don’t miss out on this relaxing event planned especially for you.

What Your LIPS Say About Your Personality



Deanna with Mary Kay will host a “Lip Personality” Party May 9th (Thursday) in the Activity Rm. at 10:15 am. Come find out what your lips say about you!

Treemont’s 1st Annual “Drive & Drop” in Support of our Veterans

Treemont Retirement and Health Care, along with Senior Allegiance Home Health, is sponsoring its 1st Annual “Drive & Drop” on Friday, May 10th from 9:30am to 5:00pm to support AMVETS (American Veterans Organization). BE A HERO TO OUR HEROES by supporting AMVETS (American Veterans Organization).

Take the opportunity to do some Spring cleaning by donating children’s and adult



clothing, bedding, house wares, small appliances, laptops and TV’s/Monitors. Put your donated goods in boxes or clear plastic bags

and drop off in the back of Treemont Health Care Center.

Questions? Call HCC Admissions Director Kelli Walleck at 713-816-2033.

For the Love of Pugs



Pug lovers of every stripe will flock to Milwaukee on the weekend of May 18–19 for the annual Pugfest. The focus of the festivities revolves around three adorable costume contests, where pug owners parade their dogs for all to see. The costume categories are: “Hand-Crafted,” “Ready-Made,” and “Strollers and Floats.” When visitors aren’t ooh-ing and aah-ing over the cute dogs, they will be watching pug races and allowing Father John Allen to perform the annual Blessing of the Pugs. Why do people love these tiny and, some might say, ugly dogs? They were originally bred as companion animals for Chinese royalty. When the dogs were brought back to Europe in the 16th century, European royalty adopted the practice. Today, anyone can feel like a king or queen with their own pug pup.

Unveiling of Treemonts New Wall of Honor



Here at Treemont, we would like to recognize the men and women Veterans of our community. Join us on May 24th (Friday) at 12:00 pm as we unveil our new 'Wall of Honor' celebrating our Veterans. We have reached out to the University of Houston AFROTC Color Guard to open our Ceremony. Everyone is invited to this special moment in Treemont's history.

The Wall of Honor will be located upstairs on the 2nd floor Left wall outside of the Activity Room.

A Memorial Day BBQ will be served to celebrate our Veterans and in memory of those who proudly gave their service to our wonderful country. We are super excited to be able to bring this to our community. See You there!

BLOOD JUST
DRIVE 1 DONATION
SAVES
3 LIVES

St.Lukes will be in the building on May 20th from 12:00 -4:00 pm in the Auditorium for a blood drive.

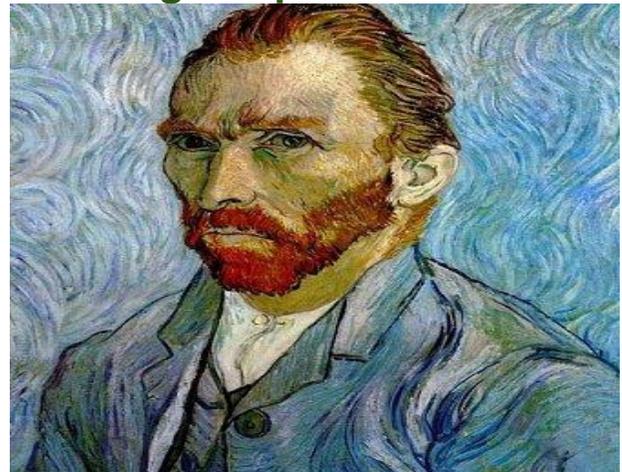
If you'd like to donate, signup sheet will be at the front desk. If you are able to give to this wonderful cause, come and give the gift of life.

May Birthdays

In astrology, those born May 1–20 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded! Those born May 21–31 are Gemini's Twins. Twins seem to have two personalities and can blend into any situation. They have an energetic and fun-loving side that is the life of the party but also a deep and emotional side that needs love and nurturing.

Bing Crosby (singer) – May 3, 1903
Audrey Hepburn (actress) – May 4, 1929
Nellie Bly (journalist) – May 5, 1864
Orson Welles (director) – May 6, 1915
J.M. Barrie (author) – May 9, 1860
Salvador Dali (artist) – May 11, 1904
Florence Nightingale (nurse) – May 12, 1820
Liberace (pianist) – May 16, 1919
Lorraine Hansberry (playwright) – May 19, 1930
Peggy Lee (singer) – May 26, 1920
Bob Hope (comedian) – May 29, 1903

Adventurous Outing: Van Gogh Experience



Away we go on another adventure on May 30th. We will visit the Houston Museum of Fine Arts and embrace the Van Gogh Experience. Signup sheet will be at the front desk. Being that our adventure fell on a Thursday, there will be no charge at the door for this outing. Be sure to bring your money for lunch as we will dine at 'The Pit Room'. Seats fill up fast so please sign up if you would like to go.